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Patient Information Questionnaire - Psychiatry

Thank you for allowing us to be part of your healthcare team. We look forward to working with you to provide the best possible care. Please take a few minutes to complete this form prior to your first appointment. We realize that this is a lot of information and some of it is very personal, but do your best.

Date: _____

Patient Name: _____ DOB: _____

Physical Address: _____

What issues are you seeking help for? _____

How long have these problems existed? _____

Current life stressors? (Please circle)

Home Work Health Family Relationships Education

Who referred you here? _____

Past Psychiatric/Mental Health History:

Previous psychiatric diagnosis: _____

Previous Psychiatrist(s): _____

Previous therapist(s) or counselor(s) and for what duration: _____

Previous psychiatric hospitalization(s) and when: _____

Previous outpatient treatment programs: _____

Previous suicide attempt(s), self-harm, or suicidal thoughts: _____

Previous alternative or complementary treatments (examples are herbs, special diets, acupuncture, etc.): _____

Previous psychiatric medications:

Name	Dose	Frequency	Start Date	Stop Date	Was the medication helpful?

Medical History:

Current and Past Medical Problems: _____

Prior Hospitalizations: Yes No Date/Reason: _____
 Surgery History (Date/Reason): _____

History of a head injury: Yes No

History of seizures: Yes No Last known seizure: _____

How would you describe your health habits (diet, exercise, sleep, etc.)? Healthy Unhealthy

Are you interested in receiving education and resources for healthy lifestyle changes?

Yes No

Amount of caffeine consumed per day (coffee, tea, soda, chocolate, energy drinks, etc): _____

Current Medications including supplements:

Name	Dose	Frequency	Start Date	Treatment for ___?___

How often do you have trouble taking your medications as prescribed?

Often Sometimes Never

Drug Allergies: _____

Food Allergies: _____

Substance Use History

	Currently Using	How Much	How Often	Previous Use	Age at First Use	Previous Treatment
Marijuana						
Alcohol						
Tobacco						
Cocaine/Amphetamines						
Benzodiazepines						
Opiates						
Hallucinogens						
Other _____						

Family members with substance abuse or dependence: _____

Developmental History:

Age of Mother at birth: _____ Age of Father at birth: _____

Delivery: Vaginal Caesarean Section

Were pregnancy and delivery normal? Yes No

If No, please explain: _____

Time spent in nursery: _____

Time spent in NICU: _____

Term of Pregnancy: _____ weeks

Birth Weight: _____ lbs. _____ oz.

Exposure to substances in utero (alcohol, drugs, medications, etc.): _____

Indicate age at each milestone:

Milestone	Age
Smile	
Sat alone	
Crawl	
Stand	
Walk	
Climb Stairs	
First Words	
First Sentence	
Feed Self	
Dress Self	

Milestone	Age
Bladder Control	
Bowel Control	
Throw a ball	
Ride a bike	
Tie Shoes	
Use a Pencil	
Puberty	
Drive a car	
First Peer Group	
First Romantic Relationship	

If you are an adult, please indicate whether you ever had a problem with the following. If you are a parent, please indicate if your child has ever had a problem with the following:

Problem	No	Yes	At what age?	How long did it last?
Fears				
Head Banging				
Thumb Sucking				
Teeth Grinding				
Toilet				
Bed or Clothes Wetting				
Sleep				
Attention Span				
Physical Aggression				
Property Destruction				
Eating or Food				
Weight				
Temper Tantrums				
Fire Setting				

Problem	No	Yes	At what age?	How long did it last?
Baby Talk				
Being a Mama's Boy				
Being a Daddy's Girl				
Sexual Difficulties				
Masturbation				
Separation				
Unusual Habits or Interests				
Cutting or Burning Self				
Moody or Irritable				
Excessive Crying				
Cussing				
Friends or Fitting-in				
Worry				
Skin Picking				
Hair Pulling				

Family History

	Name	Age	Occupation or Student	Highest Grade Completed	Medical History	Mental Health History (diagnosis and treatment)
Mother						
Father						
Sibling						
Sibling						
Sibling						
Maternal Grandmother						
Maternal Grandfather						
Paternal Grandmother						
Paternal Grandfather						
Aunts/Uncles						
Son(s)						
Daughter(s)						

Abuse History

Sexual Abuse: Yes No
Physical Abuse: Yes No
Emotional Abuse: Yes No
Neglect: Yes No
Trauma (witnessed or experienced): Yes No

Social History

Relationship Status: Single/Never Married Divorced Married
 Separated Widowed
Previous marriages _____
Children (sex and ages) _____

Sexually active: Yes No

Education History:

Highest level completed _____
Name of school _____
Average grades received _____
Repeated or skipped grades _____
Learning Disabilities _____
Special services (IEP, 504 plan, Resource Room, etc.) _____
Issues in school (bullying, detention, in-school suspensions, expulsions, peer relationships, fighting, etc.) _____

Employment History:

Current: _____
Prior suspensions, terminations, or voluntary leave? _____

Living environment: House Apartment Shelter Staffed Residence
 Other _____
Who lives in the home? _____
Pets? _____

Military History: _____

Legal History (examples are speeding tickets, jail/prison, charges, CPS involvement etc.): _____

Religious, Spiritual, or Cultural Preferences: _____

Hobbies: _____

Anything else we should know about you? _____