

**Patient Information Questionnaire - Psychiatry**

Thank you for allowing us to be part of your healthcare team. We look forward to working with you to provide the best possible care. Please take a few minutes to complete this form prior to your first appointment. We realize that this is a lot of information and some of it is very personal, but do your best.

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

What issues are you seeking help for? \_\_\_\_\_

How long have these problems existed? \_\_\_\_\_

Current life stressors? (Please circle)

Home          Work          Health          Family          Relationships          Education

Who referred you here? \_\_\_\_\_

**Past Psychiatric/Mental Health History:**

Previous psychiatric diagnosis: \_\_\_\_\_

Previous Psychiatrist(s): \_\_\_\_\_

Previous therapist(s) or counselor(s) and for what duration: \_\_\_\_\_

Previous psychiatric hospitalization(s) and when: \_\_\_\_\_

Previous outpatient treatment programs: \_\_\_\_\_

Previous suicide attempt(s), self-harm, or suicidal thoughts: \_\_\_\_\_

Previous alternative or complementary treatments (examples are herbs, special diets, acupuncture, etc.): \_\_\_\_\_

**Previous psychiatric medications:**

Name	Dose	Frequency	Start Date	Stop Date	Was the medication helpful?

**Medical History:**

Current and Past Medial Problems: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Prior Hospitalizations:           Yes     No    Date/Reason: \_\_\_\_\_

Surgery History (Date/Reason): \_\_\_\_\_

History of a head injury:      Yes    No

History of seizures:            Yes    No   Last known seizure: \_\_\_\_\_

How would you describe your health habits (diet, exercise, sleep, etc.)?    Healthy    Unhealthy

Are you interested in receiving education and resources for healthy lifestyle changes?

Yes    No

Amount of caffeine consumed per day (coffee, tea, soda, chocolate, energy drinks, etc): \_\_\_\_\_

**Current Medications including supplements:**

Name	Dose	Frequency	Start Date	Treatment for ___?___

How often do you have trouble taking your medications as prescribed?

Often    Sometimes    Never

Drug Allergies: \_\_\_\_\_

Food Allergies: \_\_\_\_\_

**Substance Use History**

	Currently Using	How Much	How Often	Previous Use	Age at First Use	Previous Treatment
Marijuana						
Alcohol						
Tobacco						
Cocaine/Amphetamines						
Benzodiazepines						
Opiates						
Hallucinogens						
Other _____						

Family members with substance abuse or dependence: \_\_\_\_\_

**Developmental History:**

Age of Mother at birth: \_\_\_\_\_ Age of Father at birth: \_\_\_\_\_

Delivery:      Vaginal      Caesarean Section

Were pregnancy and delivery normal?      Yes    No

If No, please explain: \_\_\_\_\_

Time spent in nursery: \_\_\_\_\_

Time spent in NICU: \_\_\_\_\_

Term of Pregnancy: \_\_\_\_\_ weeks

Birth Weight: \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

Exposure to substances in utero (alcohol, drugs, medications, etc.): \_\_\_\_\_

**Indicate age at each milestone:**

Milestone	Age
Smile	
Sat alone	
Crawl	
Stand	
Walk	
Climb Stairs	
First Words	
First Sentence	
Feed Self	
Dress Self	

Milestone	Age
Bladder Control	
Bowel Control	
Throw a ball	
Ride a bike	
Tie Shoes	
Use a Pencil	
Puberty	
Drive a car	
First Peer Group	
First Romantic Relationship	

If you are an adult, please indicate whether you ever had a problem with the following. If you are a parent, please indicate if your child has ever had a problem with the following:

Problem	No	Yes	At what age?	How long did it last?
Fears				
Head Banging				
Thumb Sucking				
Teeth Grinding				
Toilet				
Bed or Clothes Wetting				
Sleep				
Attention Span				
Physical Aggression				
Property Destruction				
Eating or Food				
Weight				
Temper Tantrums				
Fire Setting				

Baby Talk				
Being a Mama's Boy				
Being a Daddy's Girl				
Sexual Difficulties				
Masturbation				
Separation				
Unusual Habits or Interests				
Cutting or Burning Self				
Moody or Irritable				
Excessive Crying				
Cussing				
Friends or Fitting-in				
Worry				
Skin Picking				
Hair Pulling				

**Family History**

	Name	Age	Occupation or Student	Highest Grade Completed	Medical History	Mental Health History (diagnosis and treatment)
Mother						
Father						
Sibling						
Sibling						
Sibling						
Maternal Grandmother						
Maternal Grandfather						
Paternal Grandmother						
Paternal Grandfather						
Aunts/Uncles						
Son(s)						
Daughter(s)						

**Abuse History**

Sexual Abuse:  Yes  No  
Physical Abuse:  Yes  No  
Emotional Abuse:  Yes  No  
Neglect:  Yes  No  
Trauma (witnessed or experienced):  Yes  No

**Social History**

Relationship Status:  Single/Never Married  Divorced  Married  
 Separated  Widowed  
Previous marriages \_\_\_\_\_  
Children (sex and ages) \_\_\_\_\_

Sexually active:  Yes  No

**Education History:**

Highest level completed \_\_\_\_\_  
Name of school \_\_\_\_\_  
Average grades received \_\_\_\_\_  
Repeated or skipped grades \_\_\_\_\_  
Learning Disabilities \_\_\_\_\_  
Special services (IEP, 504 plan, Resource Room, etc.) \_\_\_\_\_  
Issues in school (bullying, detention, in-school suspensions, expulsions, peer relationships, fighting, etc.) \_\_\_\_\_

**Employment History:**

Current: \_\_\_\_\_  
Prior suspensions, terminations, or voluntary leave? \_\_\_\_\_

**Living environment:**  House  Apartment  Shelter  Staffed Residence  
 Other \_\_\_\_\_  
Who lives in the home? \_\_\_\_\_  
Pets? \_\_\_\_\_

**Military History:** \_\_\_\_\_

**Legal History** (examples are speeding tickets, jail/prison, charges, CPS involvement etc.): \_\_\_\_\_

\_\_\_\_\_

Religious, Spiritual, or Cultural Preferences: \_\_\_\_\_

Hobbies: \_\_\_\_\_

Anything else we should know about you? \_\_\_\_\_